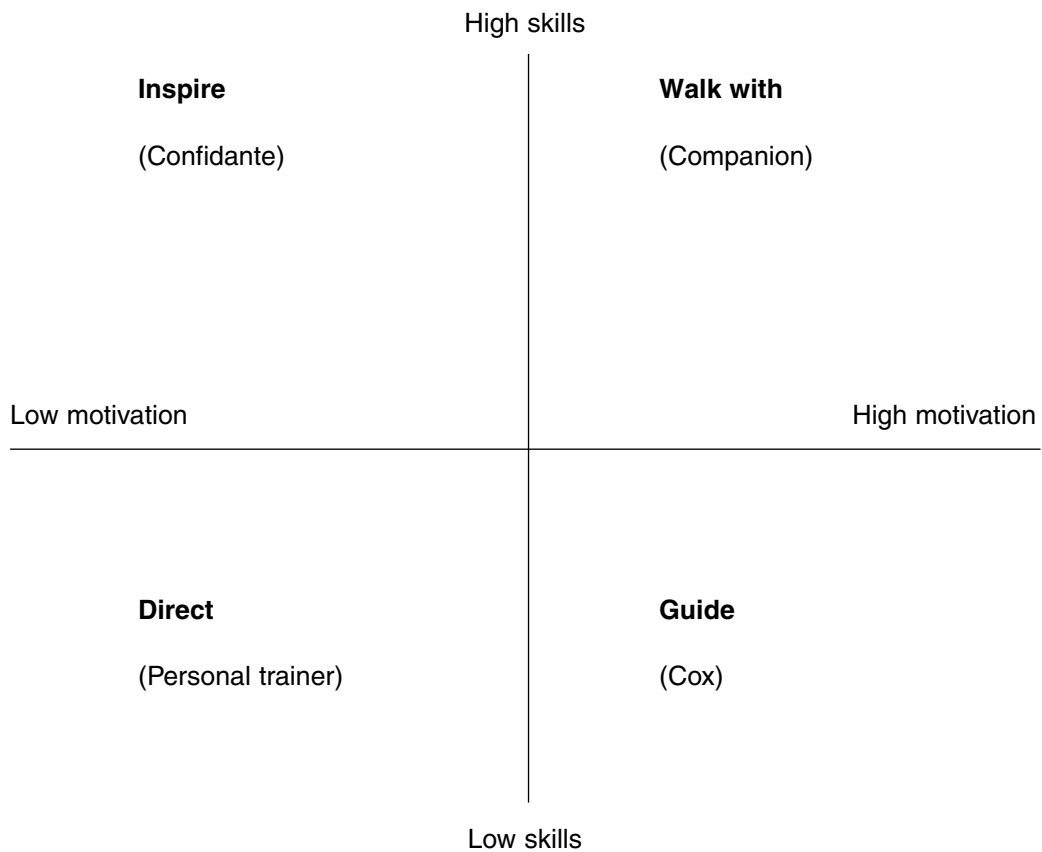


Skills – motivation matrix



(Adapted from: Powell, G., Chambers, M. and Baxter, G. (2001) *Pathways to Coaching*. Bristol: TLO. p. 10.)