

Peer pressure cards

Students are presented with a series of peer pressure cards, which can cut out and laminated prior to the start of the session by the facilitator. The 12 pressures are as follows:

Girls	Boys
1. The pressure to bunk school	1. The pressure to keep fit
2. The pressure to take drugs	2. The pressure to look cool
3. The pressure to get smashed	3. The pressure to drink
4. The pressure to shop-lift	4. The pressure to steal cars and joy-ride
5. The pressure to go joy-riding	5. The pressure to do drugs
6. The pressure to bully someone	6. The pressure to have a girlfriend
7. The pressure to have sex with someone	7. The pressure not to be gay
8. The pressure to give someone your money	8. The pressure to not do school work
9. The pressure to diet	9. The pressure to answer teachers back
10. The pressure to mess about in lesson	10. The pressure to have sex with lots of girls
11. The pressure to be rude to other people or neighbours	11. The pressure to make/have money
12. The pressure to lie to your parents or carers	12. The pressure to be hard



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